



The Music Room
Conversations about Music
With Zoë Beyers

Episode Four
(First broadcast 7 August 2020)

Women in Song

Members of *Ex Cathedra*

Marianne Ayling, Ros Crouch, Gemma King and Samantha Lewis

Programme Notes



Sopranos Marianne Ayling, Ros Crouch, Gemma King and mezzo-soprano Samantha Lewis are members of *Ex Cathedra*, one of Britain's foremost professional choirs. What struck me most, whilst listening to their stories, was their incredibly strong sense of community. They are deeply involved in education, outreach and community music-making, and speak with passion and commitment about *Ex Cathedra's* [wellbeing and learning](#) ventures and community choirs. [Singing Medicine](#) and [Singing Pathways](#) are just two of their inspirational projects, bringing singing and its therapeutic benefits into hospitals and reaching children and adults who would otherwise struggle to experience live music. To read more about *Ex Cathedra* (now in its 50th year) and founder Jeffrey Skidmore, click [here](#).

Further singing...

- Find out more about *Ex Cathedra's* online [Singing Workshop](#) on 24 August - particularly if you enjoyed Alec Roth's *Earthrise* in tonight's episode. Alec Roth is *Ex Cathedra's* Composer in Residence, and frequently collaborates with renowned author Vikram Seth and tenor Mark Padmore. His *Earthrise, Part III* will feature on 24 August.
- [Virtual Choir 6](#) and [Sing out Strong](#) are just two of the many online choirs available to join - many of them free and suitable for any level of experience.
- Join Voces8 as they host a phenomenal line-up of ensembles in their [Live from London](#) festival, which runs until 3 October.

Episode Playlist

- Alec Roth: *Sometime I Sing* - Jeffrey Skidmore; *Ex Cathedra* (part of *Ex Cathedra's* online summer concert)



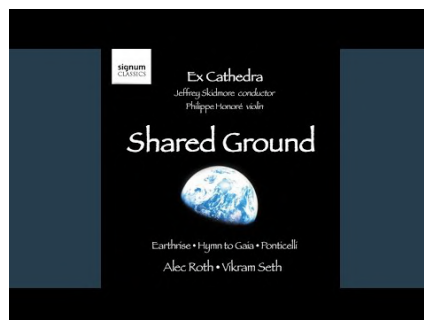
- [Anonymous: Hanacpachap Cussicuinin](#) - Jeffrey Skidmore; *Ex Cathedra*
- William Byrd: *Christ Rising* - *Ex Cathedra* (part of *Ex Cathedra's* virtual Holy Week celebration)



- J.S. Bach: *Ach Herr, lass dein' lieb' Englein* from the St John Passion, BWV 245 (full version below)



- Alec Roth: *Earthrise Part III: A Plea for True Wisdom and Understanding* - Jeffrey Skidmore; *Ex Cathedra*



- [Dietrich Buxtehude: Cantate domino](#) - Vocalensemble Rastatt; Les Favorites; Holger Speck
- Olivier Messiaen: *Cinq Rechants*: III - The Sixteen; Harry Christophers (full version below)



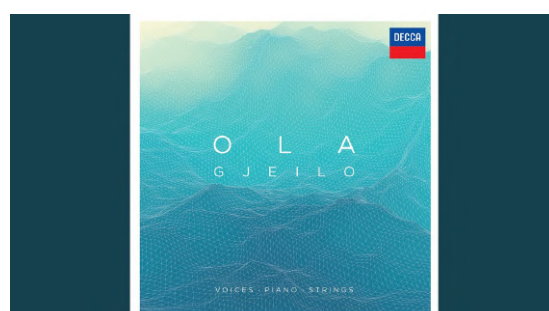
- Samuel Barber: *Agnus Dei - Ex Cathedra*; Jeffrey Skidmore



- Alec Roth: *The Flower - Ex Cathedra* Senior Academies of Vocal Music (part of the AMV online summer concert)



- [James MacMillan: Cantos Sagrados: I. Identity](#) - The Elysian Singers; Sam Laughton
- Ola Gjeilo: *Serenity (O Magnum Mysterium)* - Tenebrae; Matthew Sharp, cello; Kristian Kvalvaag



- Eriks Esenvalds: Stars - *Ex Cathedra*; Jeffrey Skidmore (part of *Ex Cathedra*'s online summer concert)



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